

**PSYCHOATHLON 2005 in AOMORI**  
**JAPAN CHAMPIONSHIPS**  
**Aomori,Japan, 13-14.8.2005**

**ICOSATHLON**

	MEN	ICOS	DEC	100	LJ	200 H	SP	5000	800	HJ	400	HT	3000SC	110 H	DT	200	PV	3000	400 H	JT	1500	TJ	10000
1	<b>Yutaka Honda</b> 1983/6/12	<b>10032</b>	<b>4649</b>	11"79 ±0.0 <b>693</b>	6m20 +0.1 <b>630</b>	26"50 +1.3 <b>721</b>	8m63 <b>404</b>	19'23"55 <b>437</b>	2'12"29 <b>699</b>	1m65 <b>504</b>	54"83 <b>606</b>	14m61 <b>109</b>	12'14"22 <b>494</b>	17"50 ±0.0 <b>573</b>	23m30 <b>334</b>	23"84 ±0.0 <b>707</b>	1m80 <b>103</b>	11'09"87 <b>492</b>	58"18 <b>671</b>	27m42 <b>263</b>	5'03"62 <b>539</b>	13m12 ±0.0 <b>593</b>	45'25"78 <b>460</b>
2	<b>Shigenobu Kakizaki</b> 1980/4/28	<b>9990</b>	<b>6256</b>	11"37 ±0.0 <b>780</b>	6m45 +0.1 <b>686</b>	24"22 +1.5 <b>885</b>	11m67 <b>586</b>	23'19"19 <b>141</b>	2'43"80 <b>355</b>	1m75 <b>585</b>	52"44 <b>706</b>	25m75 <b>283</b>	17'54"26 <b>21</b>	15"49 ±0.0 <b>791</b>	30m97 <b>484</b>	23"00 ±0.0 <b>785</b>	4m40 <b>731</b>	15'25"35 <b>34</b>	58"90 <b>646</b>	56m05 <b>679</b>	6'09"21 <b>228</b>	12m24 ±0.0 <b>487</b>	59'32"40 <b>97</b>
3	<b>Shinya Isoda</b> 1978/9/11	<b>9420</b>	<b>4991</b>	12"18 ±0.0 <b>616</b>	6m22 ±0.0 <b>635</b>	26"59 ±0.0 <b>714</b>	8m45 <b>393</b>	20'18"54 <b>355</b>	2'23"19 <b>568</b>	1m70 <b>544</b>	55"79 <b>567</b>	17m10 <b>147</b>	12'30"80 <b>458</b>	17"75 ±0.0 <b>548</b>	27m28 <b>411</b>	24"74 ±0.0 <b>628</b>	3m40 <b>457</b>	11'50"68 <b>387</b>	60"24 <b>599</b>	37m62 <b>408</b>	5'27"39 <b>412</b>	11m49 +0.1 <b>402</b>	55'41"44 <b>171</b>
4	<b>Kazutoshi Sawada</b> 1988/7/15	<b>9120</b>	<b>4632</b>	12"25 ±0.0 <b>603</b>	5m71 ±0.0 <b>525</b>	27"91 +1.3 <b>627</b>	8m09 <b>372</b>	20'35"31 <b>331</b>	2'24"65 <b>551</b>	1m70 <b>544</b>	55"27 <b>588</b>	17m10 <b>147</b>	12'32"98 <b>453</b>	18"27 ±0.0 <b>499</b>	18m92 <b>252</b>	24"92 ±0.0 <b>613</b>	2m70 <b>286</b>	11'52"82 <b>382</b>	62"88 <b>512</b>	38m52 <b>421</b>	5'03"11 <b>542</b>	12m23 ±0.0 <b>486</b>	47'38"92 <b>386</b>
5	<b>Yoshifumi Shimada</b> 1984/7/10	<b>9042</b>	<b>4364</b>	12"08 +0.2 <b>635</b>	5m89 ±0.0 <b>563</b>	27"16 +0.3 <b>676</b>	8m43 <b>392</b>	20'31"81 <b>336</b>	2'24"95 <b>548</b>	1m70 <b>544</b>	58"56 <b>463</b>	19m88 <b>190</b>	12'53"40 <b>410</b>	18"67 ±0.0 <b>462</b>	25m93 <b>385</b>	25"18 ±0.0 <b>591</b>	2m20 <b>179</b>	11'56"33 <b>374</b>	65"24 <b>439</b>	30m98 <b>313</b>	5'24"24 <b>428</b>	14m08 +0.2 <b>715</b>	47'14"50 <b>399</b>
6	<b>Norikazu Kobayashi</b> 1976/4/11	<b>9036</b>	<b>4435</b>	12"23 +0.2 <b>606</b>	5m64 ±0.0 <b>510</b>	29"02 ±0.0 <b>557</b>	8m83 <b>416</b>	19'41"39 <b>410</b>	2'09"35 <b>736</b>	1m50 <b>389</b>	55"71 <b>571</b>	12m42 <b>76</b>	12'10"90 <b>501</b>	20"04 ±0.0 <b>346</b>	21m10 <b>293</b>	25"05 ±0.0 <b>602</b>	3m20 <b>406</b>	10'54"64 <b>535</b>	64"52 <b>461</b>	31m55 <b>321</b>	4'56"95 <b>577</b>	10m55 ±0.0 <b>302</b>	46'34"22 <b>421</b>
7	<b>Makoto Sasaki</b> 1984/10/4	<b>8717</b>	<b>4649</b>	11"98 ±0.0 <b>655</b>	5m66 +0.1 <b>514</b>	28"03 ±0.0 <b>619</b>	9m61 <b>462</b>	21'06"28 <b>290</b>	2'23"42 <b>565</b>	1m60 <b>464</b>	56"48 <b>541</b>	17m68 <b>156</b>	13'53"76 <b>296</b>	18"18 ±0.0 <b>507</b>	25m04 <b>368</b>	24"09 ±0.0 <b>685</b>	2m80 <b>309</b>	12'23"85 <b>310</b>	67"26 <b>381</b>	43m74 <b>497</b>	5'44"31 <b>332</b>	12m01 ±0.0 <b>460</b>	50'17"95 <b>306</b>
8	<b>Shinya Naraoka</b> 1979/8/20	<b>8178</b>	<b>3147</b>	13"09 ±0.0 <b>453</b>	4m50 ±0.0 <b>290</b>	29"92 +1.5 <b>503</b>	6m62 <b>285</b>	17'11"99 <b>666</b>	2'07"18 <b>764</b>	1m50 <b>389</b>	57"27 <b>511</b>	11m49 <b>63</b>	11'01"28 <b>669</b>	22"20 ±0.0 <b>196</b>	13m10 <b>146</b>	27"53 ±0.0 <b>409</b>	1m90 <b>121</b>	9'58"25 <b>705</b>	71"19 <b>278</b>	14m44 <b>88</b>	4'41"97 <b>668</b>	10m38 ±0.0 <b>285</b>	39'25"24 <b>689</b>
9	<b>Yuudai Miyamoto</b> 1980/7/22	<b>7896</b>	<b>4717</b>	11"30 +0.2 <b>795</b>	6m29 +0.1 <b>650</b>	25"10 +1.3 <b>820</b>	8m32 <b>385</b>	22'17"76 <b>204</b>	3'37"32 <b>26</b>	1m90 <b>714</b>	62"91 <b>319</b>	25m07 <b>272</b>	16'17"47 <b>95</b>	16"85 ±0.0 <b>640</b>	21m64 <b>303</b>	24"02 ±0.0 <b>691</b>	3m10 <b>381</b>	13'49"85 <b>148</b>	72"32 <b>252</b>	31m31 <b>318</b>	6'13"34 <b>212</b>	12m80 +0.1 <b>554</b>	58'25"56 <b>117</b>
10	<b>Hirokazu Sakurai</b> 1986/1/9	<b>7647</b>	<b>3253</b>	12"50 ±0.0 <b>556</b>	5m23 ±0.0 <b>427</b>	28"92 +1.5 <b>563</b>	5m63 <b>227</b>	19'08"51 <b>461</b>	2'16"72 <b>644</b>	1m45 <b>352</b>	58"17 <b>478</b>	11m67 <b>65</b>	12'02"38 <b>521</b>	23"35 ±0.0 <b>133</b>	16m75 <b>212</b>	25"88 ±0.0 <b>534</b>	1m40 <b>40</b>	10'56"11 <b>531</b>	68"65 <b>343</b>	29m40 <b>291</b>	5'04"05 <b>537</b>	10m56 ±0.0 <b>303</b>	46'20"22 <b>429</b>
11	<b>Kouta Araya</b> 1986/1/14	<b>6955</b>	<b>3762</b>	12"24 +0.2 <b>605</b>	4m90 +0.1 <b>363</b>	31"03 ±0.0 <b>440</b>	8m90 <b>420</b>	21'39"01 <b>249</b>	2'22"10 <b>580</b>	1m50 <b>389</b>	57"57 <b>500</b>	15m90 <b>129</b>	14'32"36 <b>232</b>	22"48 ±0.0 <b>180</b>	22m31 <b>316</b>	26"09 ±0.0 <b>517</b>	2m70 <b>286</b>	11'51"94 <b>384</b>	73"52 <b>224</b>	32m08 <b>329</b>	5'35"15 <b>374</b>	8m86 ±0.0 <b>145</b>	50'47"00 <b>293</b>
12	<b>Kengo Itou</b> 1973/11/15	<b>6576</b>	<b>3651</b>	12"37 +0.2 <b>580</b>	5m52 ±0.0 <b>485</b>	30"43 +1.3 <b>474</b>	8m71 <b>408</b>	22'13"79 <b>208</b>	2'37"17 <b>418</b>	1m55 <b>426</b>	63"64 <b>298</b>	11m05 <b>56</b>	14'11"09 <b>266</b>	21"44 ±0.0 <b>244</b>	23m35 <b>335</b>	26"01 ±0.0 <b>523</b>	3m00 <b>357</b>	13'16"51 <b>204</b>	71"16 <b>279</b>	30m50 <b>306</b>	6'13"48 <b>212</b>	10m78 +0.2 <b>325</b>	55'39"67 <b>172</b>
13	<b>Ryuusuke Tsuiki</b> 1976/7/12	<b>5815</b>	<b>3593</b>	12"78 ±0.0 <b>506</b>	5m06 +0.2 <b>394</b>	29"02 ±0.0 <b>557</b>	13m08 <b>672</b>	24'32"76 <b>80</b>	2'55"99 <b>250</b>	1m40 <b>317</b>	66"70 <b>214</b>	36m66 <b>458</b>	18'12"95 <b>13</b>	22"03 ±0.0 <b>207</b>	34m45 <b>553</b>	27"86 ±0.0 <b>386</b>	2m30 <b>199</b>	16'02"73 <b>10</b>	79"58 <b>109</b>	41m41 <b>463</b>	7'02"25 <b>68</b>	10m96 +0.1 <b>344</b>	66'29"13 <b>15</b>
14	<b>Takahiko Suzuki</b> 1979/10/18	<b>5382</b>	<b>2997</b>	12"13 ±0.0 <b>626</b>	6m06 ±0.0 <b>600</b>	29"79 +1.5 <b>511</b>	7m09 <b>313</b>	21'42"96 <b>244</b>	6'33"31 <b>0</b>	1m20 <b>188</b>	65"77 <b>238</b>	11m10 <b>57</b>	15'35"48 <b>143</b>	20"77 ±0.0 <b>291</b>	17m95 <b>234</b>	26"66 ±0.0 <b>473</b>	2m10 <b>159</b>	14'05"28 <b>125</b>	76"17 <b>170</b>	23m95 <b>215</b>	6'37"00 <b>133</b>	13m13 ±0.0 <b>594</b>	61'29"02 <b>68</b>
15	<b>Kouji Aoyama</b> 1980/5/30	<b>5264</b>	<b>2893</b>	11"75 ±0.0 <b>701</b>	6m64 ±0.0 <b>729</b>	27"62 +1.3 <b>645</b>	7m42 <b>332</b>	24'31"55 <b>81</b>	3'07"31 <b>169</b>	1m50 <b>389</b>	68"66 <b>167</b>	7m40 <b>4</b>	17'01"02 <b>56</b>	25"05 ±0.0 <b>61</b>	15m47 <b>188</b>	25"09 ±0.0 <b>598</b>	1m50 <b>54</b>	14'49"48 <b>68</b>	85"88 <b>30</b>	16m30 <b>112</b>	6'28"42 <b>160</b>	13m17 +0.2 <b>599</b>	58'09"86 <b>121</b>

## TETRADECATHLON

	NAME	TETR	HEPT	100mH	HJ	1500	400mH	SP	200	100	LJ	400	JT	800	200mH	DT	3000
1	Fumie Takahashi	5399	2394	23"58 0.2	1m20	5' 42"12	76"18	7m65	29"54 ±0.0	14"52 +0.1	4m16 ±0.0	66"53	17m15	2' 43"37	38"81 ±0.0	20m20	12' 55"83
				74	312	570	383	377	515	525	345	460	236	535	317	281	469
2	Mayu Iwasaki	3946	2224	19"67 0.2	1m30	7' 13"60	87"18	6m37	30"48 ±0.0	14"41 +0.1	3m94 +0.1	79"22	26m28	3' 50"73	36"17 ±0.0	19m20	17' 40"53
				330	409	170	147	295	449	541	294	129	406	41	441	263	31